



DECEMBER

'TIS THE SEASON!

This is the season when words like joy and peace are displayed all across the city. Beautiful lights are showcased on houses and holiday songs are heard in every store and on every radio station. Sometimes we're in the holiday spirit and sometimes we're not. That's okay, because we're all human! I just want to extend a special challenge to you. Over this holiday season, I want you to find the joy in as many things as you can. You will be on a mission to find what brings you joy. (Hopefully, you'll find it in yourself, too!) Is it in the gifts you give? Is it in the gifts you receive? Is it spending time with your family? Is it quiet time with yourself? When you seek out the joy in things, miraculously more good things will start jumping out at you! Why not end this year and start a new year seeking the things that bring you joy? Here's a tip to finding joy. It starts with gratefulness. When you are grateful for the things around you, you are on your way to finding joy. And when you look into the eyes of your child(ren), (I mean cusp their precious faces.) you will realize how much joy you really have. Tis the Season...

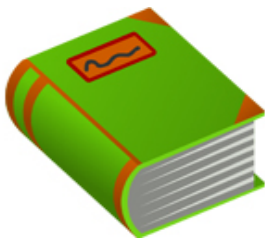
Ms. Tiffany Watkins

FUN TIMES DECKING THE HALLS!



REMINDERS

- 1. PTA Meeting.** Our next PTA meeting is Tuesday, Dec. 3rd at 5:00 p.m. Please join us!
- 2. Christmas Music Program.** Our Christmas Music Program is Tuesday, Dec. 3rd at 6:00 p.m. Come out for an amazing night of singing!
- 3. Santa Shop.** Santa Shop begins the week of Dec. 15th. This is a great activity for the students.
- 4. Winter Parties.** Winter parties will be on Thursday, Dec. 19th. Please get with your child's teacher for more details.
- 5. Christmas Carnival.** The Christmas Carnival is Friday, Dec. 20th. This is a fun learning day for the students.
- 6. ½ Day of School.** Friday, Dec. 20th is ½ day of school. Dismissal is 11:15 a.m.
- 7. Winter Break.** Winter Break is from Monday, Dec. 23rd – Jan. 6th. School will resume on Tues., Jan. 7th.



Dec. 3rd
PTA Meeting

Dec. 3rd
Christmas Music Program

Dec. 15th
Santa Shop Begins

Dec. 23rd – Jan. 6th
Winter Break

Got Perfect Attendance?

The following students have Perfect Attendance for the month of **NOVEMBER**. Perfect Attendance is earned when a student is present every day. We will acknowledge students each month in our newsletter.

Kindergarten – Ruth Lau/Melanie Jett: Annaleigh, Nathan, Rue, Dillon, Sienna, Paisleigh M., Cannon, Kael

First – Kelsey Belew: Dakota, Cayden, Lily B., Miriam, Rowan, Candice, Asher

Second – Rebecca Ratledge: Mason, Dusty, McKinsi

Third – Stephanie Lewis: Simon, Mavis, Lance, Abigail

Fourth – Jennikae Reid: Preston, Gabriel, Colton, Josephina, Bre'Ona, Rowan

Fifth – Rebecca Sellers: Raily, Tanner, Haley, Matthew, Chris, Payton, Ashur

CONGRATULATIONS TO MRS. RATLEDGE FOR BEING WIVK AND SHONEY'S TEACHER OF THE MONTH!



Classroom Teachers

Kindergarten

Ruth Lau/Melanie Jett

First Grade

Kelsey Belew

Second Grade

Rebecca Ratledge

Third Grade

Stephanie Lewis

Fourth Grade

Jennikae Reid

Fifth Grade

Rebecca Sellers

LIFE HACKS!

life hacks

#2479

Cold Showers:

Stimulates immune system, Increases alertness, prevents colds, stimulates anti-depression hormones, accelerates your metabolism, frees up the mind, tightens skin, reduces hair loss.

Hot Showers:

Relaxes muscles, Lowers body tension, Alleviates migranes, Reduces swelling, Reduces anxiety, Acts as a nasal decongestant, Removes toxins from the skin, Opens pores and cleans the skin

@1000LifeHacks
1000LifeHacks.com

life hacks

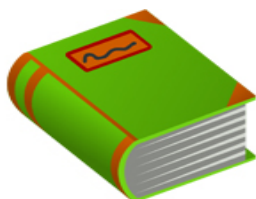
How long should you nap for?
10-20 minutes - To boost alertness, energy, and refresh yourself.
30 minutes - Never! This will leave you feeling extremely groggy.
60 minutes - To improve your fact, face, and name recognition.
90 minutes - To improve emotional, procedural memory and creativity.

#1000
1000LifeHacks.com

QUOTE OF THE MONTH:

“There are three ways to ultimate success. The first way is to be kind. The second way is to be kind. The third way is to be kind.

-Mr. Rogers



Contact
Information

Website
knoxschools.org/gapcreekes

Phone
865-577-4860

Fax
865-579-2112

FaceBook
Gap Creek Photos